

MOVE IT!

for Parkinson's Research

Join the

100-Day Challenge -

Pittsburgh's first event

to benefit the

Michael J. Fox Foundation!

100-Day MOVE IT Challenge

Exercise is powerful medicine for those with Parkinson's Disease and everyone. In this 100-Day challenge, participants can choose their exercise goals, and MOVE IT for 100 days, between January 1 - April 27. The goal is simply to MOVE, whatever your health and circumstances. Donations and sponsorships will be accepted online for the duration of the challenge.

MOVE IT Picnic/Celebration

April 27, 2024, 11 AM - 2 PM, Rose Barn, North Park

Join us as we celebrate our victories and thank sponsors for their support.

FREE ADMISSION!



Food Trucks



Live Entertainment



Bingo



Raffles and Awards



Sponsorship Opportunities

Become a MOVE IT Sponsor

Gold: \$1,000

- Sponsor profile in email blasts
- Sponsor profile on Facebook page
- Included in press materials
- Premium logo on T-shirt
- Signage at event

Silver: \$500

- Sponsor profile on Facebook page
- Included in press materials
- Mid-size logo on T-shirt
- Signage at event

Bronze: \$250

- Logo on Facebook page
- Mid-size logo on T-shirt

Contact Luanne Radermacher at
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412-298-9155.

give.michaeljfox.org/MOVEIT2024



TO DONATE
SCAN QR CODE



THE MICHAEL J. FOX FOUNDATION
FOR PARKINSON'S RESEARCH